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Charles and Camilla tour new Crossrail worksite at Farringdon



TOUR: The Prince of Wales and Duchess of Cornwall visit east London.

ROYAL MEET JUST THE JOB FOR BOB

AN EAST London apprentice was given a Royal appointment as one of the first student engineers to work on the new Crossrail section at Farringdon.

Bob Gridley, 34, from Waltham Forest – who is being trained at Ilford's Tunneling and Underground Construction Academy – was introduced to the Prince of Wales and Duchess of Cornwall on tour of the new Farringdon Crossrail station on Wednesday.

Mr Gridley was one of a select group of workers chosen to meet the royal couple on their visit to mark the 150th anniversary of London Underground.

Mr Gridley said: "To find out about the apprenticeship training on Crossrail and then get the job was really pleasing. It's great to be working on something I can feel passionate about and that actually means something."

"The Tube is 150 years old so the

idea that I'm now building something like Crossrail that's still going to be around and in use in another 150 years is quite incredible."

Mr Gridley is one of 130 apprentices working across 40 construction sites to build the 118 kilometre long Crossrail route.

He is involved in an 18-month Spray Concrete Lining apprenticeship with Crossrail contractor BAM Nuttall, and specifically part of a team working 25 metres underground to construct the platform tunnels and platforms.

Each tunnel is the length of two football pitches, and will be at the heart of the new Crossrail station at Farringdon.

Mr Gridley is one of the first apprentices at Crossrail to train at the Tunneling and Underground Construction Academy (TUCA) set up by Crossrail in east London to help address a skills shortage in the construction industry. He secured

the apprenticeship after Jobcentre referred him to pre-employment training.

Terry Morgan, Crossrail chairman, described the royal visit as an opportunity to show how Crossrail will transform rail travel across the capital and how apprentices such as Mr Gridley are helping deliver Europe's biggest construction project.

He added: "Having started my own career as an apprentice, I care passionately about the value of investing in high-quality skills training. It is fantastic to see Bob, one of the first Farringdon site apprentices from our Tunneling Academy now at work."

"It underlines the importance of investing in a new generation of construction talent to drive the industry forwards."

Crossrail opens in 2018 and will cost £14.8 billion. It aims to increase London's rail-based transport network capacity by 10 per cent and



HONOUR: Bob Gridley met the Royals.

dramatically cut journey times across the city.

As Europe's biggest construction project, Crossrail is creating thousands of jobs and training opportunities. There are currently 350 people working at the two Crossrail Farringdon sites, building two new ticket halls, passenger tunnels and platforms and preparation for the first tunnelling machine to complete the first section of Crossrail's tunnel route in late 2013.



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INSIDE this week



**Council
makes gay
friendly top
100 list**

page 6

YellowAdvertiser

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Competition

WIN! Pair of tickets to Ideal Home Show 2013

THE ICONIC Ideal Home Show returns to Earls Court, London, for its 105th year, from March 15 to April 1, 2013, and we have 10 pairs of tickets to win.

With seven dedicated show areas and more than 600 exhibitors, catering to every need and taste, the Ideal Home Show is the only place to visit when making your home ideal.

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See new product launches, explore full scale show homes and gardens, visit the revolutionary Technology Hub, powered by Virgin Media, enjoy a glass of bubbles in the Ideal Gardens champagne bar, sponsored by Hydropool, and pick up some tips and tipples at the Drinks Theatre, sponsored by Regina.

Go celeb spotting, enjoy a spot of lunch in the Celebrity Chef restaurant and see fantastic Celebrity Ambassadors and



Experts on the Super Theatre stage and at B&Q's DIY theatre, during 1,000's of demonstrations and workshops.

This year you can also visit the ITV 'Love your Garden' show garden, sponsored by Oceans, and see a very famous TV home receiving a special makeover.

For tickets and further information about the show, which promises to be a great day out for the whole family, visit www.idealhomeshow.co.uk or call 0844 858 6763.

For your chance to WIN one of 10 pairs of tickets to this year's show, simply answer the following question.

Q: In 2013, how many years will the Ideal Home Show have been in London?

A: 95

B: 100

C: 105

To enter the competition telephone your answer - A, B or C - to 0901 307 1684 along



with your name, address, telephone number and e-mail.

Alternatively text YAIDEAL (space) followed by A, B or C, and your name, full address and e-mail to 63333.

Calls cost 51p from a BT landline. Calls from other networks may vary and from mobiles will cost considerably

more. Texts cost 50p plus your standard network rates. If you do not wish to receive details on any other products or services, please text EXIT at the end of your message.

Lines close on Thursday, February 14, 2013. Entries received after the closing date will not be counted but may

still be charged.

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Open to UK residents only. Tickets, which are non transferable and may not be duplicated, are valid for one day only on any day of the show at London's Earls Court. All tickets will be scanned on entry to the show.

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Teen hopes to raise charity donations in drumathon

A TEENAGE drummer hopes to raise thousands of pounds for Comic Relief by completing a 40-hour drumming marathon.

Jason Steggall, 15, will be carrying out his fundraising attempt at Loughton Music Academy from 6am on March 13 until 10pm on March 14.

Jason, a pupil at Chingford Foundation School, said: "I always said I would help charity from a young age.

"I didn't know how to go about it so I thought I would start small and eventually work my way up to support those less fortunate."

Loughton Music Academy owner Cliff Cooper said: "Jason is one of those rare beacons of light who go out of their way to make a difference.

"Our drum department are only too pleased to support him on his latest adventure."

Jason will be using the Roland TDK 15 electronic drum kit which Loughton Music Academy uses in its one-to-one and paired drum lessons.

Mr Cooper added: "We chose these over our other acoustic drums kits in the department as it will enable Jason to change sounds and add backing tracks as he plays to keep his game up."

For information about drum lessons or any other music lesson, language lesson or GCSE sessions at Loughton Music Academy, call 020 8502 2992 or e-mail info@lmat.co.uk

For more about Jason's fundraising efforts, follow his updates on Facebook at www.facebook.com/JasonSteggall40DM and Justgiving at www.justgiving.com/JasonSteggall40DM



CHARITY: Jason Steggall.

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Service launched for crime victims

A SERVICE has been launched in Redbridge for victims of crime and anti-social behaviour.

The Redbridge Victims Panel, which has been running as a trial since June last year, was formally launched at a special event last Wednesday.

The panel brings together the council, police and Victim Support, to tackle difficult cases quickly so vulnerable victims get a faster service.

Cases are then prioritised by all organisations so that they can be resolved quickly.

To date, nine cases have been resolved as a result of solutions being identified during the referral process.

Detective Chief Superintendent Sue Williams, Borough Commander for Redbridge, said: "It is a great pleasure to be a part of this panel.

"Strong and effective partnership working is the key to helping vulnerable victims.

"Victims should be at the forefront of everyone's minds and this panel is a great step towards achieving that. By collaborating, we can make sure we are always putting victims first."

Actions taken to help victims include: producing bespoke support plans for victims involved, issuing harassment warnings, signing of acceptable behaviour contracts, serving perpetrators with abatement notices, increasing police patrols and enforcement, increasing home security for the victim, and re-housing victims where appropriate

Councillor Shoaib Patel, cabinet member for environment, transportation and crime said: "I'm delighted that we have set up this panel.

"It helps us to focus on helping victims and offer achievable solutions to often very complex cases.

"By working together, we can make sure that no details are being missed and all possible solutions are discussed and the most appropriate action for the victim is taken.

"The panel has already helped solve some key cases and I look forward to hearing further results in the near future."

Residents can report anti-social behaviour to the Council's ASB hotline on 020 8478 4679.

In the case of emergency, dial 999.

For more information about the ASB team, visit www.redbridge.gov.uk/asb

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Saying a final farewell to BBC Television Centre

Last year, after the coalition government imposed a funding freeze on the BBC, the corporation took the decision to sell its iconic Television Centre in London. Later this month, it will run the last ever public tour of the site. YA reporter Charles Thomson went behind the scenes at the spiritual home of the world's most beloved broadcaster

ON Friday, February 22, the BBC will run the last ever public tour of its most iconic building. The BBC Television Centre at White City, perhaps the most historic building in British TV history, will shut down for good later this year.

Some of the UK's most classic television shows were shot inside its eight studios. They include Fawlty Towers, The Morecambe and Wise Show, Doctor Who, Monty Python's Flying Circus and The Two Ronnies.

More recent hits filmed at the centre include Never Mind The Buzzcocks, Little Britain and Strictly Come Dancing.

In July 2012, 13 months after the coalition government ordered a funding freeze for the broadcaster, the BBC took the decision to sell the 14 acre site.

Stanhope PLC, which paid £200million for the complex, will turn into a hotel and resort. Only three of its studios will remain in use, with the bulk of the BBC's operations moving to Salford.

With just weeks until tours of the site wind down, I signed myself up.

The centre was instantly recognisable as it loomed into view from the train window. Viewers will recognise its round office block, known to employees as 'the doughnut', from various BBC adverts, which often shoot it aerially.

After passing the Dr Who tardis and the Ford Cortina from Life On Mars, our first stop was the BBC news room.

While the glitz and glamour of Saturday night television might be what attracts many to the tour, it becomes quickly apparent that news remains one of the broadcaster's biggest priori-



WINDING DOWN: YA reporter Charles Thomson on his tour of BBC's Television Centre in White City.

ties. All around the building are screens showing BBC News 24 and ticker tapes announcing the latest headlines.

In the celebrity dressing rooms, guides dished the dirt on the most outrageous diva demands. One ordered puppies to play with before a live performance, while another demanded a life-size portrait of the Pope. We won't name names – but the tour guides will.

The building was quieter than expected and it did seem as though things were beginning to wind down in advance of its impending closure. But the tour offered an insight into the workings of one of our most famous buildings which, in two weeks' time, will never be possible again.

Tours, which last about two hours and cost £11.75 per person, can be booked at www.bbc.co.uk/showsandtours/tours

Councillor awaits punishment over standards breach

By Matthew Stanton

waltham@yellowad.co.uk

A SENIOR councillor abroad on business will discover whether his peers will punish him for breaking standards rules on his return.

Waltham Forest Council's Standards Committee will let the Labour Party decide what punishment should be handed to former chief whip, Councillor Afzal Akram (Lab, Lea Bridge), after finding a breach in the Code of Conduct.

Mr Akram was cleared of four other alleged breaches by the committee following complaints made by colleague and chairman of the council's planning committee, Peter Barnett (Lab, Wood Street).

However, the panel found Mr Akram had texted Councillor Karen Bellamy (Lab, Higham Hill) the words 'I hope you are going to support this one?' before she was due to vote on an application to turn a Leytonstone pub into a mosque.

Holly Adams, Waltham Forest Council's committee and councillor services manager, said in her report: "The panel found that, on an objective test, the intent and effect of the text from Cllr Akram as chief whip was unambiguous."

"It sought to influence the vote of a Labour member of the committee and there was nothing to suggest it was a joke."

"Political party whipping was expressly prohibited by the council's planning code of practice and, using their experience, as members the panel considered that all members would know that it was inappropriate to seek to influence the decision of a quasi-judicial body like the planning committee."

The committee agreed there was not enough evidence to support accusations that he had tried to sway a decision over plans by Chingford Islamic



AWAY: Councillor Afzal Akram broke the council's Code of Conduct.

Picture by Roy Tillet

Society to extend the Chingford Masjid Mosque in Chingford Mount Road, on September 12.

Complaints had been made that he advised Mr Bellamy to support the Chingford Mount application at the meeting and he made 'eye contact and nodded emphatically' at two councillors on the committee.

A final allegation that Mr Akram had told applicant Shah Ahmed that a deal had been 'reached' with the committee chair to turn the Leytonstone pub into a religious ground was also dismissed.

The Waltham Forest Labour group is expected to meet within the next few weeks to hold discussions with Mr Akram, who is away until Wednesday, February 13.

A party spokesman said: "The decision has been sent back from the sub committee who imposed three sanctions, one of those was possible action from the party."

"The group now have to meet and make a decision to decide whether further sanctions are required."

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Boris praises Leyton

BORIS Johnson hailed the transformation of Leyton High Road as 'fantastic' and awarded Waltham Forest Council a prestigious London Planning Award at a ceremony held at City Hall last Thursday.

Leyton High Road benefited from a £2.25million facelift in the build up to the Olympic Games that saw renewal and replacement of pavements, road surfaces and street furniture.

The Council then spent a further £850,000 on an innovative scheme to bring about improvements to shopfronts through specialist conservation work, new signage and cleansing and repainting.

History talk

WALTHAMSTOW Historical Society will host a talk, The Battle for the People's Marshes, on Thursday, February 14.

Katy Andrews tells the story behind the earlier protests against the attempted development of Leyton Marshes in the 1890s.

The talk takes place in the hall of the

Trinity United Reformed Church, 58 Orford Road, Walthamstow, E17 9QU.

For further information call 07792 750017.

Protecting Leyton's past

RESIDENTS and businesses are being given the opportunity to have their say on plans to protect the historic features of Leyton as

Waltham Forest Council launches a consultation about a proposal to designate part of Leyton Town Centre as a Conservation Area.

The consultation period ends on Monday, March 18 and comments and queries can be sent to Jacinta Fisher, Conservation Officer at Room G08, Sycamore House E17 4JF or by e-mail to urbandedesign@walthamforest.gov.uk

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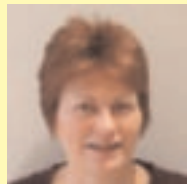
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Thinking of moving home and not sure where to begin?

Help is at hand in the form of a supported moving home service which has recently been launched in this area.



**Local move manager
Harriet Rathborn**

Local **Seamless Relocation** Manager, Harriet Rathborn, explained "We help with organising the tough bits of moving home: deciding where to move to, assisting with estate agents, valuers, surveyors and solicitors, de-cluttering, paperwork and of course packing, removals and unpacking. Moving home requires lots of decision making and involves a great deal of upheaval – we help people face it practically, physically and emotionally as much as they need".

Seamless Relocation, established in 2004, treats everyone with dignity and respect. A free initial consultation establishes what help a client would like and how to put it into effect by creating a personalised supported moving plan. Director Kim Tompsett commented "We offer a tailor made service as no two



Kim discussing plans with client

clients have identical needs. The first decision is usually the choice of where to move to: both geographically and what type of accommodation would be most suitable. In 2012 we helped people move to a great range of new places: houses, bungalows, flats, sheltered accommodation, retirement villages and care homes.

We help tackle the rest of the moving home process including the challenging task of de-cluttering – all of us can look around and realise how much we have in our homes. We help sort it all out!

Local consultations can be arranged through the head office: **020 8621 3553**
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Seamless Relocation

Council in top 100 for gay-friendly workplace

WALTHAM Forest Council is one of the best places to work in the country if you are lesbian, gay, bisexual or transgender (LGBT), according to the latest Stonewall Workplace Equality Index.

The borough is one of a handful of London councils to make the Top 100, with 2013 being the most successful year so far for Waltham Forest since it first entered the index back in 2007.

The achievement was celebrated at an event hosted by the borough.

Waltham Forest's first ever openly gay Mayor, Councillor Richard Sweden, celebrated the achievement at an event he personally hosted in the Mayor's Parlour on Monday.

The reception also served to formally launch LGBT History Month throughout this month that will see a number of events in the borough including film screenings and talks by prominent authors and filmmakers.

Councillor Mark Rusling, cabinet member for economic development and corporate resources, said: "I am extremely pleased with the result this year, especially as it is the highest we have ever been ranked in the seven years that the council has entered the index.

"The achievement is even more noteworthy due to the high numbers of employers that entered the index and the



AWARD: Mayor of Waltham Forest, Councillor Richard Sweden, outside the Town Hall with the Rainbow Flag flying.

application of very tough criteria. It is recognition of our continued commitment to creating a supportive, open and inclusive environment for all our staff and residents as well as broader recognition for the borough.

"Waltham Forest wants to attract and retain the best talent regardless of background or sexual orientation, and it's achievements like this that contribute to being a good employer."

The council is now ranked at number 63 – up from 92 last year. Stonewall describes the 100 submissions with the highest scores as, 'those doing most to create a safe and inclusive environment for their employees, customers, service users and stakeholders'.

For more details, visit the Council's website at www.walthamforest.gov.uk

The Rainbow Flag will fly outside Walthamstow Town Hall throughout the month.

Come to our Open Day

at the College of Haringey, Enfield and North East London

Thursday 7 February Tottenham Centre 4 - 7.30pm



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Hospital opens new theatres

SURGEONS at Holly House operated in the hospital's new state-of-the-art digital theatres for the first time on Monday.

The new theatre suite is part of the hospital's £20m purpose-built facility which opened to out-patients in January.

Built on the site of the former London Ambulance station at the rear of the hospital in High Road, Buckhurst Hill, the new facility is part of an ongoing multi-million pound redevelopment and expansion project which has doubled the size of the hospital.

The technology enables surgeons to perform procedures with more information at their fingertips thus reducing procedure times and benefiting the patients.

Phil Bates, director of Holly House Hospital, said: "The new theatres will modernise patient care, operating procedures and training at Holly House."

"Our new hospital has been designed to combine the exceptional medical care for which Holly House has been known for the last 30 years with some of the best modern healthcare facilities in the UK."

"We are looking forward to welcoming both our existing patients and new patients to Holly House in the near future."



OPEN: Holly House Hospital has new theatres.

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Disability hate crimes going unreported

By Matthew Stanton

waltham@yellowad.co.uk

A COUNCIL report has raised concerns that disability hate crime in Waltham Forest is going unreported.

Presentations put before Waltham Forest Council's Community Safety Sub-Committee on Wednesday, January 30, claim figures on attacks

are 'speculative' because disabled people are not reporting incidents.

Report author Alistair Macorkindale, council officer for families, claimed harassment is a 'commonplace experience' for some disabled people and 'culture of disbelief and systemic institutional failures' are preventing it from being tackled effectively.

Mr Macorkindale said: "The defining feature

that emerges is of violence and harassment in the oppression of disabled people and that it is systemic and widespread.

"Cases have ended in the deaths of several disabled people, while a large number of day-to-day incidents often go unreported and can destroy disabled people's lives."

The October 2007 death of Fiona Pilkington, a vulnerable person who took her own life after setting her car on fire, formed part of the report.

The report claims reporting and identification of disability of hate crime is very low in the borough.

Committee members are also concerned that the level of under-reporting of hate crime has a level on funds available to tackle the problem.

The report added: "The level of under-reporting

in turn weakens the case for investment in this time of increasing austerity, creating an unhelpful and vicious cycle."

There are between 25,000 and 35,000 disabled people in Waltham Forest.

Disability Action Waltham Forest receives a small amount of funding to undertake the Stay Safe project to support and advocate on behalf of victims of disability hate crime.

Victim Support receives funding from Waltham Forest Council to ensure that high-risk disabled victims of anti-social behaviour are identified and supported.

What do you think? Write to the Yellow Advertiser, Great Oaks, Basildon, Essex, SS14 1AH or e-mail waltham@yellowad.co.uk



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Next Step Fostering open new office in Romford.

Advertising feature



Next Step Fostering, the leading independent fostering agency, has just opened their new office in Romford to provide essential foster care services to the local area.

A family-owned business, Next Step Fostering has provided fostering services for over 25 years across Kent and most areas of London. Romford is now their sixth office.

Many people considering a career as a foster carer think that the local council is their only option. Most are completely unaware that independent fostering organisations even exist.

Next Step Fostering was established 25 years ago by Maureen and Alb Ward – who were foster carers themselves – and therefore had personal experience of caring for vulnerable children.

Next Step Fostering remains a family company as Maureen and Alb's daughter Lesley is the Director and she plays an active role in day to day decisions about the company and enjoys visiting foster carers to hear first hand how they are.

Next Step Fostering has gained an outstanding reputation for providing high quality child care. In the last three consecutive OFSTED inspections, Next Step achieved an 'Outstanding' rating across every standard in which they were assessed – probably the only IFA to achieve this.

A national shortage of foster carers means that children who cannot live with their family are being moved away from their home communities, resulting in a change of school, community, friends and religious contacts. Every day, Next Step receives child referrals from Local Authorities across the South East of England, but due to the high levels of demand, do not have sufficient families to meet the needs of the many children being referred.

As a family run company, Next Step Fostering is able to offer a personal, individual service to its foster carers and children. Supervision, support and training can be tailored to individual needs and foster carers have an open invitation to approach Lesley Ward directly to discuss any issues they may have.

Fostering a child is not an easy task, but it is possibly one of the most rewarding – and thanks to the generous allowance Next Step Fostering pays,

many people give up unfulfilling jobs to undertake a career in fostering, where they feel they can really make a difference to young lives.

Clare Aston, Manager of the East London and Thames Valley offices, said "People often worry that they won't be suitable, based on things they have heard from friends or the media, but I would encourage anyone thinking about fostering to speak to us directly. We can answer all of their questions about the type of people we are looking for and what fostering is like."

If you are considering a career in fostering or simply want to learn more, Next Step Fostering are holding an Open Evening at their new office at 1 Brentwood Road, Romford, RH1 2HA between 6.30pm and 8.30pm on 27th February.

A presentation will be given together with a short film, and staff will be available to answer any questions you may have. Light refreshments will be served.

Call Next Step Fostering on 01708 209227 for further information, or visit their web site at www.nextstepfostering.org

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Candles lit to remember Holocaust victims

SIX candles were lit at Chingford Assembly Hall on Wednesday for the six million Jews who perished in the Holocaust.

Sea Cadets from the Chingford unit, TS Acorn located in Kings Road, lit the flames in front of more than 100 people who came together to remember Holocaust Memorial day.

Key speeches were made by the worshipful Mayor, Richard Sweden and Councillor Liaquat Ali.

A number of police officers from Waltham Forest also attended the event, including Borough Commander Mark Collins. Leaders from various churches and faiths also attended.



REMEMBER: A service was held to remember the six million Jews killed in the Second World War

FACEBOOK.COM/FIREKILLS

IT WOULD HAVE
TAKEN ONLY SECONDS
TO TEST THEIR
SMOKE ALARM.



TAKE A LIFE-SAVING STEP TO PROTECT YOUR OLDER FRIENDS AND RELATIVES

As anyone who has elderly friends, neighbours or relatives will know, a quick visit for a cup of tea and a catch-up can often make the world of difference to older people living on their own.

And while many of the older generation are just hitting their prime, for some the little everyday things that used to take seconds can become harder as the years go by.

Testing their smoke alarm can often be among these - its position usually makes it harder to reach and changing the batteries becomes a tricky operation.

That's why the Fire Kills campaign is asking people to take a life-saving step to test their smoke alarms the next time they see an older neighbour, friend or family member. A working smoke alarm can give you and your loved ones the extra time you need in a fire to get out, stay out and call 999.

And those less able to move quickly, especially the older generation, will need those vital seconds more than most.

Last year in England, half of all deaths caused by accidental household fires were people aged 65 and over.

But despite these worrying statistics, surveys show that the vast majority of older people don't consider fire a risk, and most think that they would be able to get out of their home in time. In fact, you have less than two minutes to escape in a fire before the air becomes unbreathable and you're rendered unconscious, so an early warning is vital to make a safe escape.

Many older people who live alone, have difficulty moving or are simply a little forgetful are sometimes unable to test their own smoke alarms and might not be able to do so often enough. So by offering to test for them, you could give an older friend or relative the vital early warning they need if the worst should happen.

The Fire Kills campaign has offered some simple steps to take this winter to keep your older friends and relatives fire safe:

- Check they have smoke alarms at every level in their home and near potential fire risks.
- Test their smoke alarms whenever you visit to help give them the vital extra seconds they need to escape in a fire
- Look for electrical risks such as frayed wires and overloaded plugs to help reduce the risk in their home.
- Unplug appliances such as heaters and electric blankets when they're not in use.
- If you are a carer, make sure you close household doors at night

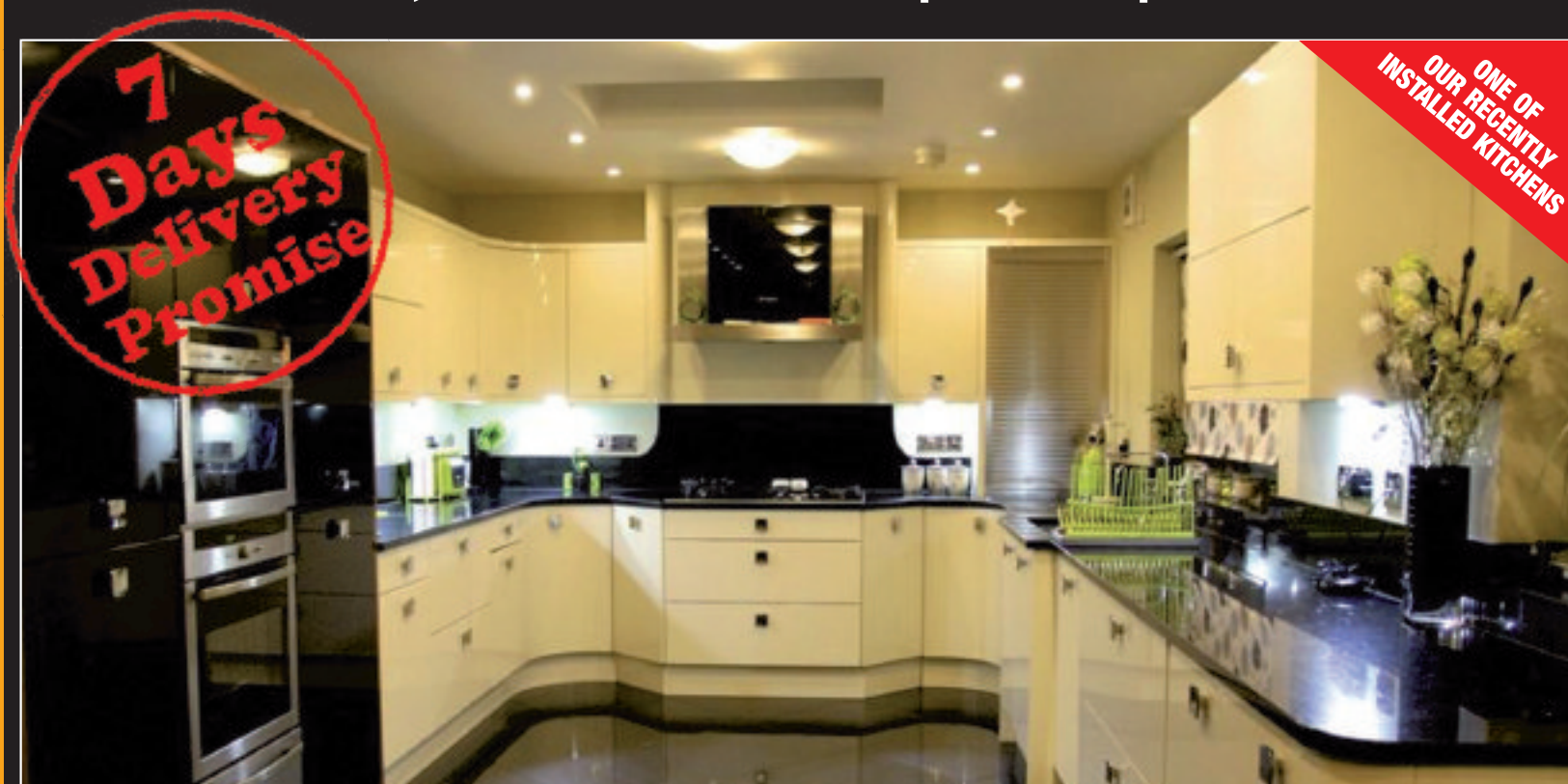
A huge variety of specialist safety equipment is also available to help give vulnerable people the best chance of escape in a fire. These include vibrating smoke alarms for the hard of hearing, easy-reach smoke alarm testers for those with limited movement and linked alarm systems - just a few options to help people feel safer.

A quick and simple step can provide the extra peace of mind of knowing that the people you care about will get the warning they need to escape in a fire. So next time you see your older family and neighbours, take a second to test their smoke alarms - it could be a life-saving move.



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Awards for young footballers

ASPIRING footballers have been handed awards by two sportsmen.

Leyton Orient Football Club players Mathieu Baudry and Gary Sawyer showed up at the Goals football centre, in Morrison Avenue, Chingford, to talk to teenagers about their experiences playing professionally.

The athletes met and played along with each of the three age groups attending, answering questions about fitness, scoring goals and who is the toughest opponent they have faced and then helped out by presenting certificates and medals to all concerned.

Nicola Waxler, Leyton Orient community sport programme coach, said: "It was great to have the first team boys here."

"It really puts the icing on the cake and the kids love it when they join in and then asking them questions."

Each child also received two complimentary tickets for a Leyton Orient home game.

Gary Sawyer enjoyed his visit so much that he is keen visit the centre again.

He said: "It's good fun. I enjoy doing these types of things. Some of the kids skills are actually impressive and

some of the questions are quite funny.

"I hope to get back again later in the year."



VISIT: Mathieu Baudry and Gary Sawyer at Chingford Goals Centre

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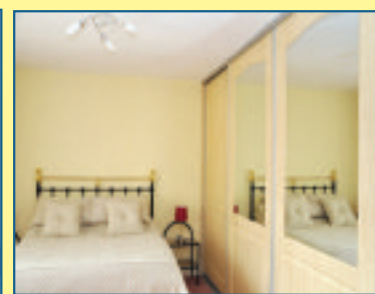
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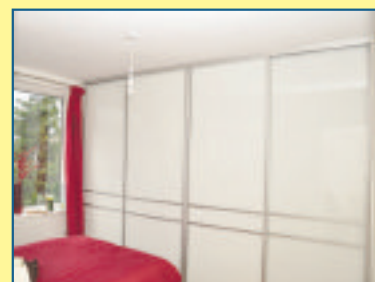


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By Matthew Stanton

waltham@yellowad.co.uk

A FRAUDSTER who pocketed the donations of train users in Chingford and Highams Park has been locked up.

Roy Bardy, of Henshawe Road, Dagenham, has been jailed for 13 months after pleading guilty to two counts of fraud by false representation at Blackfriars Crown Court on Monday.

The 48-year-old recruited volunteers to stand outside train stations across eight counties and collect money for local charities over a three year period.

British Transport Police officers were first alerted to Bardy's actions when commuters complained of suspicious behaviour from Bardy and his collectors at several stations.

An investigation was carried out which led to officers carrying out a search warrant of his rented office in Dagenham and his arrest in November 2010.

Evidence at his office and home address was seized and examined by detectives.

Sentencing Bardy, Judge Henry Blacksell said: "You saw an opportunity to make money from charities which you manipulated to your advantage.

"You made multiple fraudulent, deceiv-

ing transactions over the years. It was a breach of trust and a representation which causes people to suffer.

"You are a manipulator, and a dishonest man."

The court heard Brady was also approaching charities and offering his services as a charity collector and fundraiser to recruit teams to stand at stations and collect donations.

Once he had gained their trust, he would establish contact with the train operation companies seeking to have authorised charity collectors at stations on specific dates to collect donations from commuters.

Charity collectors were then able to attend in possession of appropriate ID and letters from charities, completely unaware of what was being said and done in their name.

Paperwork and fancy dress costumes were found at his property and, although the full financial extend of Bardy's actions are not known, officers were able to find evidence for 81 incidents where collections on behalf of two charities took place or were planned to take place.

Bardy admitted some money collected had been taken for himself.

Speaking after the sentencing, Detective Constable Mike Ganly, the



JAILED: Roy Bardy.

case investigating officer, said: "This is a sad case that has seen commuters' kind generosity and donations to charities unknowingly taken by Bardy and pocketed himself.

"He is a callous thief and his actions, diverting money away from charities which rely on donations to fund their good work, has resulted in those good causes suffering financial losses."

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Maternity services clean up their act

MATERNITY services at Queen's Hospital have received a glowing report from the Care Quality Commission.

The service had been heavily criticised in 2011 and inspectors insisted on a raft of improvements.

Care Quality Commission inspectors examined the hospital and spoke to staff and women who used the service.

They also examined hundreds of feedback forms submitted by women using the maternity services.

Inspectors found 95 per cent of respondents felt involved in the decisions made about their care

during labour and birth and 88 per cent said they had the pain relief they wanted during labour.

Inspectors said all women spoke highly of the maternity staff. One said: "I wanted a water birth which I got, the midwife was spot on. When she needed a break another one covered, so I was never on my own."

Inspectors said the maternity department had all the equipment it needed and it was properly maintained.

All women in labour had a midwife with them all of the time. Overall Queen's has improved its performance.

One midwife said: "We work

well with the doctors, it's much more of a team than it used to be, if you need a doctor then there is always one available."

The report praised how Queen's had dealt with a midwife shortfall. In 2011 there was a 17 per cent vacancy, now there is a 10 per cent vacancy.

Midwives are now encouraged to remain at Queen's.

Every one of the last group of 12 trainees decided to remain at the hospital.

Inspectors said they noted 86 per cent of staff had received up to date CTG training – an increase of 47 per cent from a 2011 visit.

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Saturday, February 9

- The Vintage and More Fair – The Churchill Room, Wanstead Library, corner of Woodbine Place and Spratt Hall Road, E11, 11am-4pm, free entry.
- Table Top Sales – Saturdays at St Paul's Community Centre, Barley Lane, Goodmayes, IG3 8XE, books, clothes, dvds and much more, refreshments, free admission, 10am-1pm, cost per table starts from £8, to book call 07453 782726, allocated on a first come first served basis.
- Tennis – Small friendly Tennis Club in Ilford, we play throughout the year, (Sat afternoons, Sun mornings and three weekday afternoons), low fees, over 50s welcome, details Tony 020 8593 4365 or John 020 8592 1609.
- Garden Organically – Come and join our small friendly cooperative at Gale Street Organic Growers, Saturdays and Wednesdays, not just an allotment but a community garden, details 07815 500190.
- Free Classes For All – Ghazi Education Society, English and Urdu (no age limit), Fine Art Classes (for members only), Special Classes for KS1, 2, 3 and year 10 (Maths, English and Science), limited seats, join today, classes held in Ilford and Seven Kings, details Naz 020 8598 8143 (7-9pm).

Sunday, February 10

- Practical Conservation Session – Hainault Forest Country Park, Forest Road, Chigwell, all welcome, 10.30am-3.30pm, children under 16 must be accompanied by an adult, please book in advance Tony Chadwick 07985 069800.
- Super Snake Crafts – Valentines Mansion and Gardens, Emerson Road, Ilford, 1-3pm, £3.50 per child, booking recommended, 020 8708 8100.
- Old Tyne Sequence Tea Dance – Abridge Village Hall, 2.15-5.30pm, every second Sunday of the month, visitors welcome, details Rita 020 8550 5061.
- Walk – West Essex Ramblers, meet car park opposite the church at Chigwell Row, 10am and/or 1.15pm, figure of eight walk

(am 5-6 miles and pm 4.4 miles), pubs in Chigwell Row lunch time.

■ Walk – Ilford and District C&A Rambling Club, start 10.30am Woolwich Arsenal Station, 6/7 mile riverside walk, finishing Greenwich, dry lunch, 020 8926 4593.

■ Walk – Epping Forest HF Group, meet 10.30am, Woolwich Arsenal Station, 6 mile linear Thames walk, finishing Greenwich, 020 8504 1329.

■ Strides Badminton Club – Wanstead Leisure Centre, Redbridge Lane West, Sundays 3.30pm, new members welcome, aged 18 years and over, all levels, beginners, average and advanced players, Mark 020 8598 8435 (before 9.30pm).

■ Learn to Dance Modern, live – Hainault Forest Community Centre, every Sunday 7-10.30pm, 07768 005858.

■ Sunday Service – Lighthouse Chapel International Church, Outset Centre, Frederick Street, Walthamstow, 11am-1pm, 07974 108350.

Monday, February 11

■ Meeting – West Essex Archaeological Group, Sixth Form Block, Woodford County High School, High Road, Woodford Green, 'Waltham Abbey and the Reformation', illustrated talk by Peter Huggins, 7.45pm, refreshments available.

■ Friendship Club – Plume of Feathers Pub, Church Hill, Loughton, for singles 50 plus, Mondays 7.30pm, 07986 472527.

■ Rehearsals – Redbridge Ladies Choir, Palmer Catholic Academy, Seven Kings, Mondays 7.45-9.15pm, new members very welcome, 020 8550 8677.

■ Rehearsal – The Roding Players Orchestra, Roding Valley High School, Alderton Hill, Loughton (opposite the Underground Station), Mondays, 7.15pm, new members welcome, 020 8505 4329.

■ Forest Highlanders – The Forest

■ Highlanders Pipes and Drums, St Cedds Church, Seven Kings, every Monday 8pm.

■ Chingford and Walthamstow Chess Club – Priory Court Community Centre, every Monday 7.30pm, details Tony 020 8524 0827.

■ Bingo – Friday Hill Community Association, Coney Burrows Community Hall, Friday Hill, E4, every Monday and Wednesday 1.30pm.

■ Multi-denominational Healing – Redbridge Healing Centre, IRDSA Hall, Craven Gardens, Barking (next to public car park, Fullwell Cross roundabout), Mondays (except Bank Holidays), 7-9pm, no charge, free donations welcome, 020 8550 5650.

■ Aerobics and Toning – Hainault Baptist

Church, Franklin Gardens, Mondays 7.30-8.30pm, all levels welcome, 07745 726342.

Tuesday, February 12

■ Illustrated Talk – NE London RSPB, Snarbrook Primary School, Meadow Walk, South Woodford, RSPB's Natural Secrets – where would you find 13,000 different species of wildlife? 7.15pm, admission £3.50, 020 8989 4746.

■ Meeting – Waltham Forest Family History Society, Spruce Hill Baptist Church Hall, Brooks Road, Walthamstow, second Tuesday each month, 8-10pm, enquiries Barrie 020 8527 4807.

■ Meeting – Epping Forest and District Stamp Club, Roding Valley High School, T8 Room, Alderton Hill, Loughton, meet every second Tuesday of each month, 7.30pm.

■ Meeting – Fibromyalgia Friendship and Support Group, The Diabetes Centre, Buntingford Road, Newbury Park, Ilford, meet every second Tuesday of the month, 1-3pm.

■ Club – Barking and Dagenham Plus, The White Horse Inn, 118 High Road, Chadwell Heath, meet new friends and get involved in the local community, for everyone aged 18-35, every Tuesday 9pm, free trial membership, Joe 07958 669339.

■ Coffee Shop – Eastern Avenue Baptist Church, East Road, Chadwell Heath, every Tuesday 10am, games, videos, friendship, all welcome, 020 8599 1479.

■ Stroke Club – Parkside Stroke Club, Parkside Community Centre, Goodmayes Lane, Tuesdays 1.30-4pm, 020 8595 3973.

Wednesday, February 13

■ Gardening Club – St Albans Church Hall, Albert Road, Ilford, meet second Wednesday of month, 7.30pm, speakers, raffle, tea, occasional outings.

■ Meeting – King of Hearts Cardiac Support Group, Fullwell Cross Library, Barking, Ilford, 7.30pm, come along and see, cardiac rehab problems, 020 8500 7095.

■ Wings for Women Support Group – For women who have experienced Domestic Violence or Abuse, Wednesdays 6.30-8.30pm, 0208 556 7111 or 020 8923 7498.

■ Meeting – Talking Hands, a friendly Club for the Deaf and Hard of Hearing, Wednesdays 10.45am-2.45pm, York Room, Ilford Library.

■ Table Tennis, Forest Community, Guildford Road, Walthamstow, every Wednesday 8pm, new members welcome,

details Ray Massey 020 8524 4289.

■ Meeting – Friends Club, St Cedds Church Hall, Blythwood Road, Seven Kings (opposite Homebase), Wednesdays 1-4pm, short mat bowls and snooker, 50p entry.

■ Willow Removal – Meet The Clubhouse (golf course side), Fairlop Waters Country

Thursday, February 14

Park, Forest Road, Barking, 10am-2.30pm, free, enquiries 020 8559 2316.

■ Meeting, LGBT Asylum Peer-Support Group, ELOP Centre, 56-60 Grove Road, Walthamstow, E17, women only 5.30-7pm, LGBT mixed 7-8.30pm, meet second Thursday each month, details 020 8509 3898 or e-mail info@elop.org

■ Friendship Club – The Beacon Tree Pub, Green Lane, Dagenham, for single over 45s, every Thursday 8.30pm, further details Marie 07939 989075/07977 747509.

■ Meeting – Wanstead Rotary Club, County Hotel, South Woodford, every Thursday 1-2.15pm, call David 020 8989 2701.

■ Meeting – Barking and Dagenham Friendship Club, Methodist Church, London Road, Barking, Thursdays 2-4pm, 1.50 a session, mainly for people who have had a sad loss to make new friends, 020 8594 6409.

■ Woodford Symphony Orchestra – A friendly amateur orchestra, which performs concert and major symphonies in Redbridge, rehearsals every Thursday evening, 020 8504 7783.

■ Freddy Boy's Rock 'n' Roll Dance and Concert – Chingford Assembly Hall, Station

Friday, February 15

Road, Chingford, E4 7EN, dance floor, bar, car park, 7.30-11.55pm, advance tickets £15 (also on door if any left), call Freddy Boy 07930 544312.

■ Friendly Club – Pensioners Club at United Services Club, Blake Avenue, Barking, Fridays 12.30pm-3pm, all pensioners welcome, 020 8517 6256.

■ Meeting – Redbridge 18 Plus, York Room, Ilford Central Library, Clements Road, Ilford, Fridays for 18 to 36 year olds, sports and social club.

■ Pipes and Drums – Waltham Forest Pipe Band, Royal British Legion, 31 Dunton Road, Leyton, pipers, drummers and learners welcome, Fridays 8pm, 020 8520 1727.

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Champion Malvern launches web page to race this season

Motorsport

By Martyn Dolton

BARKINGSIDE racing driver Scott Malvern has launched his bid for a place on the grid in 2013.

The 23-year-old won the UK Formula Renault BARC championship at the first attempt last year after securing a last minute deal, and won the Formula Ford UK crown the previous year.

Scott has launched a Go Fund me page in a bid to raise enough money to secure a drive for the impending season.

He is in talks to secure a drive on the British Touring Car Championship (BTCC) package, but he remained tight lipped about which series or team he was in negotiations with.

Although talks are looking promising, Scott still needs funding, and he has launched a campaign to seek donations to help him achieve his goal.

Scott said nowadays racing drivers need to be just as business savvy as they are quick.

He said: "Gone are the days when being fast was enough to be a racing driver, now you have to be just as good with numbers."

"Motorsport is expensive, and with the economy as it is, it's

becoming even harder to make it in the sport.

"We are really close to a deal for 2013 but I still need funding to cover day to day costs associated with racing such as travel and accommodation during the season.

"Racing is my passion and I know I can deliver, I just need to be given the chance, which is often the biggest challenge of all.

"Teams are there as a business too, they have to make money so they have to make sure their deal is financially viable for them too."

Scott has been one of the big talking points within the motorsport world over the past few years.

In 2010 he was runner up in the Formula Ford Championship of Great Britain despite scoring more points than his rivals. However championship rules dictate that drivers must drop their worst scores, which pushed him into second place.

In the same year he was also nominated for the prestigious McLaren Autosport BRDC Young Driver of the Year Award.

He won the Formula Ford Championship of Great Britain in 2011, as well as the Formula Ford Festival at Brands Hatch, following in the footsteps of drivers such as Jenson Button, Mark Webber,



CLOSE TO A DEAL: Scott Malvern hopes to raise money through a fund raising web page so he can race this season.

Picture by Jakob Ebrey Motorsport Photography

and Johnny Herbert, and clinched last year's UK Formula Renault BARC crown.

Scott said even though it was daunting over the last couple of years not knowing what he would be doing from year to year, or even race to race, it made him even more hungry to win.

He said: "Over the past few years, I've not had the luxury of knowing what the future held so I've been even more determined to win.

"Some drivers have the luxury of looking forward to the following year to succeed if they don't manage it, but I don't have that luxury.

"I treat every race as my last which makes me want to win even more. I'm more psyched up and determined to win than ever before."

To find out more about Scott, visit www.scottmalvern.com or to make a donation visit www.gofundme.com/drku

Orient left feeling blue after first leg defeat

Leyton Orient

By Rowland Lyons at the Matchroom Stadium

PAUL Sturrock's Shrimpers return to Roots Hall in a fortnight's time with a slender, single goal advantage, as Southend United beat Leyton Orient 1-0 in the first leg of the Johnstone's Paint Trophy South-east Area Final.

Ryan Leonard's second-half strike was enough to separate the two sides, but the game was soured late on when Southend's Michael Timlin was carried off with a suspected broken leg.

In an entertaining contest, before the live Sky TV cameras, it was the home side that did everything but score, with a combination of inspired goal-keeping from Paul Smith and the woodwork denying the east Londoners, means Russell Slade's side still have it all to do in the second-leg.

The east Londoners made the brighter start and

David Mooney saw his 10th minute header cleared off the line by Woodyard and co-striker, new loan signing, Shaun Batt, was inches away from connecting with Moses Odubajo's 16th minute cross.

With Britt Assombalonga ploughing a lone furrow up front, chances were few and far between, but the on-loan Watford hitman did eventually force Jamie Jones into a smart block with an angled drive shortly before the break.

Despite the O's being quicker out of the blocks at the start of the second-half, with Batt and Mooney again going close, Southend soaked up the pressure and went ahead on 57 minutes when Chris Barker's deep cross was helped on by Sean Clohesy and Leonard – with his second strike in 72 hours – netted via a wicked deflection off Mathieu Baudry.

The rampant Shrimpers, visibly lifted by their opener, almost doubled their lead when the impressive Kevan Hurst embarked on a 61st minute run from inside his own half and was unfortunate to see

a skimming effort hit the outside of a post.

It was not until the last ten minutes when Orient at last dominated, but Mooney could only chip over after beating the offside trap and Paul Smith did well to deny the Irishman with a superb tip around from a glancing header.

The game turned sour seven minutes from the end when an innocuous-looking Jimmy Smith challenge floored Timlin – who after extensive treatment – was carried off the pitch on a stretcher, with his left leg in a splint.

Mooney crashed a close range stoppage time effort against the underside of the Southend bar and Orient's Smith eventually did have the ball in the opposing goal, only for the referee, Keith Stroud, to spot a Dean Cox handball.

A disappointed Slade admitted: "It was a frustrating evening for us. The conditions weren't great – but that's the same for both sides. We created enough on the evening to get ourselves a couple of goals, but, unfortunately we didn't score."

Rugby Union

Southend boost in relegation battle

SOUTHEND claimed a crucial victory in their relegation battle in National Two South, winning 20-17 against Launceston on Saturday.

After falling behind to Jake Murphy's penalty and with the wind against them, Southend scored two unconverted tries through Mark Billings and Daniel Legge to go 10-3 up, with Andrew Frost adding three more points with a penalty before the interval.

Both sides were down to 14 men through yellow cards, and Launceston got back into the match with a penalty try on 67 minutes, converted by Murphy.

However, Sam Arnott immediately hit back, going over the line with Frost adding a conversion for 20-10.

Southend went down to 13 men as Chris Green and Harry Hudson were given yellow cards. Launceston put on the pressure with Ben Hilton scoring in the dying minutes, converted by Murphy, however Southend hung on.

The victory leaves Southend six points from safety behind Lydney, but with a game in hand.

In National Three London & South East, Thurrock moved clear of the drop zone with a 15-6 victory over Hertford. James Kellard, Nathan Farrell and Lewis Pruce all went over the line for Thurrock.

Westcliff remain deep in relegation trouble after losing 12-29 to Westcombe Park.

Gus Martyn and Tim Healy scored tries for Westcliff, while Ben McKeith kicked a conversion.

Eton Manor's push for a play-off place in London One North continued with a 15-56 win at lowly Beaconsfield.

Rochford Hundred's battle against relegation continued with a 22-13 victory over Old Haberdashers, while Basildon remain in the final relegation place, losing 29-3 to Chingford.

Brentwood lost 29-14 at Luton while Romford & Gidea Park beat fourth place Colchester 22-13.

In London Two North, third place Chelmsford beat Stowmarket 7-44 to keep up their bid for a play-off spot. They are eight points behind Ipswich.

Fourth place Woodford are level on points with Chelmsford after beating Saffron Walden 24-7.

South Woodham Ferrers continue to head London Three North East following their 27-14 win over Harlow.

They are five points clear of Wanstead who managed to see off Wisbech 10-12.

Upminster lost ground after going down 7-3 at third place Norwich while Canvey Island lost 18-25 to Old Brentwoods.

Essex One: Burnham-On-Crouch 13-14 Dagenham.

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Hat-trick for Slabber as City score six while Urchins draw again

Non League Football

THE HONOURS were shared in the derby between Chelmsford City and Billericay Town on Monday night.

The Blue Square South fixture at Melbourne Stadium saw the visiting Blues take the lead on 19 minutes through Glenn Poole.

However, the Clarets fought back with Jamie Slabber equalising through the penalty spot in first half stoppage time.

The draw follows on from City's 6-2 victory over Hayes & Yeading United on Saturday.

Slabber's hat-trick (24, pen 40, 70) and a double from Kyle Vassell (64, 80), set Clarets on their way.

City took a 2-1 lead into half-time as Hayes' Jamie Hand levelled with penalty, but the midfielder was sent off at the end of the first half.

The second half saw City run riot and Omer Riza added a sixth to move Clarets up to fourth place.

AFC Hornchurch registered their third consecutive draw, this time at Eastbourne Borough, drawing 1-1.

Elliot Charles (26) put Eastbourne ahead but Michael Spencer (68) equalised for the Urchins.

Billericay's match against Boreham Wood was postponed due to a waterlogged pitch.

In midweek games in Ryman Premier, Canvey Island moved back up to third place with a 2-0 home win over Wealdstone who they replace.

Centre-back Richard Orlu scored a double.

East Thurrock United picked up a draw at Hasting United thanks to Kye Ruel second half goal after Mikkel Suarez had earlier put the hosts ahead.

Concord Rangers moved up to second place on Saturday, their highest position in their history, with a 4-0 victory over Hastings.

A Harry Elmes penalty (40) set the Beachboys on their way and Jason Hallett extended their lead with the last kick of the first half.

Hallett struck 13 seconds after the restart and Leon Gordon added a fourth on 70 minutes.

The relegation battle took a dramatic turn on Tuesday night as Redbridge lifted themselves off the bottom and out of the drop zone thanks to a 2-1 victory at Witham Town.

Rob Whittell (22) put Witham ahead, but Jacob Cleaver (54) equalised for the Motormen and Ryan Reed netted the winner.

Ilford replace Redbridge at the bottom.

Heybridge Swifts reclaimed second place with a 3-1 home win over Waltham Abbey.

Luke Callander, Russell Malton and Taylor Hastings put Swifts clear with Dean Green scoring a late consolation through the spot.

Brentwood Town moved into the top half of the table thanks to a 2-0 victory over Waltham Forest, with Daryl Robson and top scorer Alex Read on target.

It was not a good night for Romford who were trounced 5-0 at Wroxham as Matt Blake scored a double.

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